# Breakfast and Lunch Menu

## Breakfast Prices:
- **Paid Student:** $1.75
- **Reduced Student:** $.30
- **Adult:** $2.75
- **Milk:** $.50

### Daily Special
- Fruit and Juice, Milk

### Offer vs. Serve
- Students must select 3 items that include 1/2 cup of fruit.

### Student Meals at No Charge for 2020-21 School Year

### Items Available:
- Mini Pancakes (40g)
- Buttermilk Bar (43g)
- Muffin (40g)
- Benefit Bar (47g)
- Cereal with cracker (45g)

## Lunch Prices:
- **Paid Student:** $3.00
- **Reduced Student:** $.40
- **Adult:** $4.00
- **Milk:** $.50

### All Lunches Include:
- Daily Special
- Fruit: 1/2 cup
- Veggies: 3/4 cup
- Milk: 8 oz

### Student Meals at No Charge for 2020-21 School Year

### Daily Special

## Items Available:

### Monday
1. Turkey Wrap (16g)
2. Bean and Cheese Burrito (33g)
3. Chicken Patty (41g) Fries (16g)
4. Peanut Butter & Jelly Sandwich (28g)
5. Pizza Pocket (32g)
6. Corn Dog (30g) Tater Tots (16g)
7. Bean and Cheese Burrito (33g)
8. Peanuts Butter & Jelly Sandwich (28g)
9. Fruit Parfait (81g) w/String Cheese
10. President's Day
11. Bean and Cheese Burrito (33g)
12. Hamburger (26g) Fries (16g)
13. Peanut Butter & Jelly Sandwich (28g)
14. Pizza Pocket (32g)
15. Corn Dog (30g) Tater Tots (16g)

The Silver Fork School District is an equal opportunity provider and employer.